



# FULHAM GARDENS PRIMARY SCHOOL

## ANTI-BULLYING POLICY

**At Fulham Gardens Primary School all students have the right to feel safe.**

Therefore we take bullying seriously. This policy explains what bullying is, how you can report it and what we will do to stop it.

### AT FULHAM GARDENS PRIMARY WE BELIEVE THAT

- bullying is the systematic abuse of power
- bullying is not simply about difference. It may occur because of people's inability to accept and value differences
- bullying is everybody's business
- bullying can involve violence

### DEFINITION OF BULLYING

- Bullying is deliberate, hurtful gestures, words or actions which are repeated.
- Examples of bullying are:
  - having your lunch money taken away often
  - being teased
  - being left out of games or conversations often
  - being repeatedly hit or kicked
  - being bullied by SMS on mobile phones or through the internet
- **What can you do about bullying?**  
If you are bullied or you know someone who is being bullied, please report it.
- **Who to report it to**  
Report bullying to your teacher, the principal or a professional counsellor in an outside agency. Tell your parents or caregivers too.
- **How to report it**  
Tell the trusted adult about where the bullying happened, how often it has happened and what you have done to try and stop it happening.
- **When to report it**  
Report the bullying to a trusted adult as soon as it happens. Do not ignore it. When bullying is ignored it may get worse.

### WHAT WE DO ABOUT INCIDENTS OF BULLYING

- We will listen to the person who has been bullied and the person who has bullied others.
- We will put negotiated consequences in place for the person who has been bullying others. These may include time out, suspension or exclusion.
- We will use counselling processes such as:
  - Informal talks with the bully seeking to change his or her behaviour. Or it could involve a more structured approach.
  - The No Blame Approach - This requires groups of children involving the supposed bullies to be convened. Normally there would be a number of influential pro-social children involved. The plight of the victim is described and the group left to come up with a responsible solution. The outcome is then carefully monitored.
- It is important to note that these steps may change. At Fulham Gardens Primary School we do not use a 'one size fits all' approach. This is because each person is different and each incident of bullying is different.

## WHAT WE DO AT FULHAM GARDENS SCHOOL TO REDUCE BULLYING

- If an incident of bullying happens at Fulham Gardens Primary School we use prevention, intervention and post-intervention strategies.
- **Prevention strategies include:**
  - using the curriculum to teach students about respectful relationships, civics and citizenship
  - developing programs to help students to participate and have a say in their learning
  - teaching students about social skills, violence prevention, conflict resolution, anger management and problem-solving
  - developing policies which promote student safety
  - teaching for and about diversity
  - providing professional learning for staff in collaboration
- **Intervention strategies include:**
  - counselling students who have been bullied
  - talking with parents and caregivers about the situation
  - putting consequences in place for those who bully others
  - teaching students to be better bystanders
  - ensuring students know to address bullying
  - effectively and respectfully
- **Post-intervention strategies include:**
  - monitoring the situation between students to ensure that their safety and well-being are maintained
  - talking with parents and caregivers about strategies
  - reviewing our yard duty procedures to make sure they are effective
  - dealing with hotspots in the yard
  - reviewing and evaluating behaviour codes in the yard

## OUR SCHOOL VISION

- Fulham Gardens Primary School will be a vibrant community where a range of learning opportunities occurs in a supportive environment.
- **The key elements of our vision:**
  - Supportive Environment
  - Quality Facilities
  - Opportunities
  - Real Learning
  - Healthy Environment

## MORE INFORMATION

If you like would like further information about bullying or you would like to know anything else about our school contact us:

Telephone: (08) 8356 3726  
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