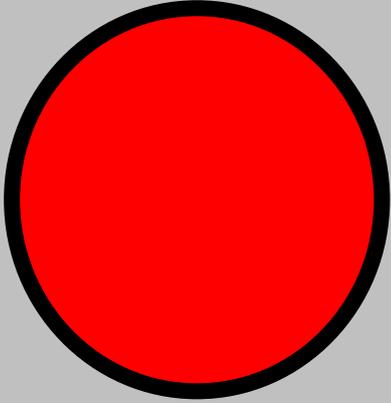
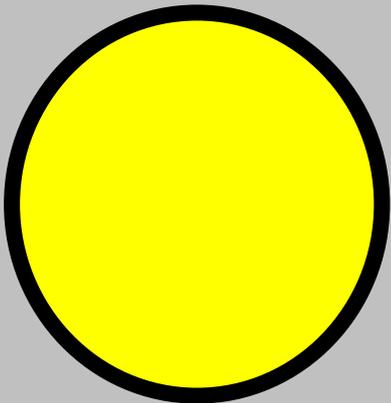


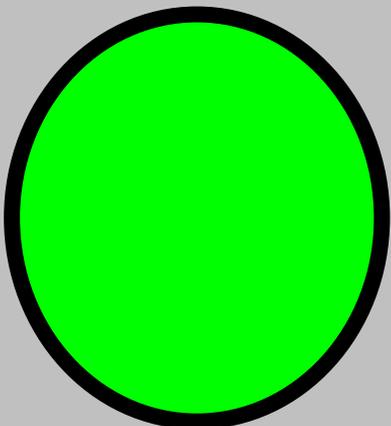
STOP THINK DO



STOP

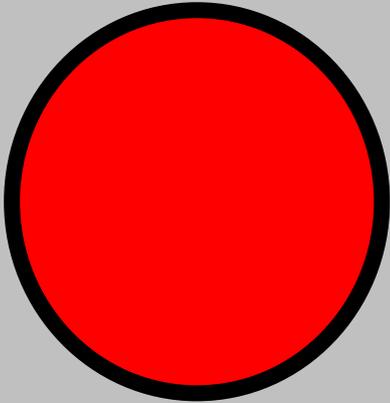


THINK



DO

STOP THINK DO



STOP

Reminds you to stop before you rush into anything

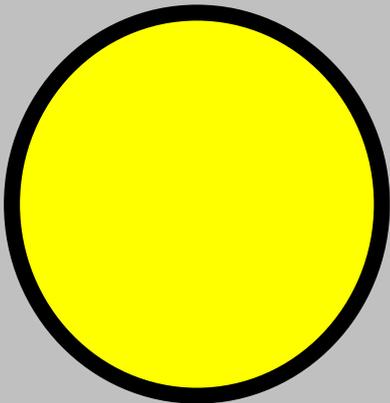
Ask yourself these questions

What is the problem?

How do I feel?

How do others feel?

What do I want to happen?



THINK

Reminds you to think of as many solutions to the problem as possible.

Ask your self this question.

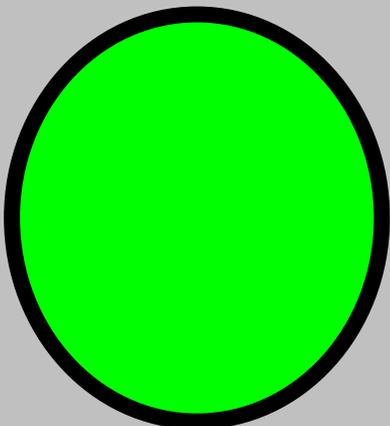
What can I do?

I can Tell an adult ask nicely

 Bargain share

 Fight walk away

 Make a demand



DO

Reminds you to finally choose a solution , the one with the best results or most acceptable consequences.

Put the solution into action.

If it doesn't work go back to **STOP** and start again.