At Fulham Gardens Primary School we believe that:

- bullying is the systematic abuse of power.
- bullying is not simply about difference. It may occur because of people’s inability to accept and value differences.
- bullying is everybody’s business.
- bullying can involve violence.

**OUR SCHOOL VISION**

Fulham Gardens Primary School will be a vibrant community where a range of learning opportunities occur in a supportive environment.

The key elements of our vision:

- Supportive Environment
- Quality Facilities
- Opportunities
- Real Learning
- Healthy Environment

If you like would like further information about bullying or you would like to know anything else about our school contact us:

Telephone: (08) 8356 3726
Fax: (08) 8235 1249
Email: info@fulhmgdnps.sa.edu.au
Website: www.fulhmgdnps.sa.edu.au

Therefore we take bullying seriously. This policy explains what bullying is, how you can report it and what we will do to stop it.
**A definition of bullying**

Bullying is deliberate, hurtful gestures, words or actions which are repeated.

Examples of bullying are:

- having your lunch money taken away often.
- being teased.
- being left out of games or conversations often.
- being repeatedly hit or kicked.
- being bullied by SMS on mobile phones or through the internet.

**What can you do about bullying?**

If you are bullied or you know someone who is being bullied, please report it.

**Who to report it to**

Your teacher, the principal or a professional counsellor in an outside agency. Tell your parents or caregivers too.

**How to report it**

Tell the trusted adult about where the bullying happened, how often it has happened and what you have done to try and stop it happening.

**When to report it**

Report the bullying to a trusted adult as soon as it happens. Do not ignore it. When bullying is ignored it may get worse.

**What we do about incidents of bullying**

- We will listen to the person who has been bullied and the person who has bullied others.
- We will put negotiated consequences in place for the person who has been bullying others. These may include time out, suspension or exclusion.
- We will use counselling processes such as:
  - **Informal talks** with the bully seeking to change his or her behaviour. Or it could involve a **more structured approach**.

**The No Blame Approach** - This requires groups of children involving the supposed bullies to be convened. Normally there would be a number of influential pro-social children involved. The plight of the victim is described and the group left to come up with a responsible solution. The outcome is then carefully monitored.

It is important to note that these steps may change. At Fulham Gardens Primary School we do not use a “one sizes fits all” approach. This is because each person is different and each incident of bullying is different.

**What we do at Fulham Gardens Primary School to reduce bullying**

If an incident of bullying happens at Fulham Gardens Primary School we use **prevention, intervention** and **post-intervention** strategies.

**Prevention strategies** include:

- using the curriculum to teach students about respectful relationships, civics and citizenship.
- developing programs to help students to participate and have a say in their learning.
- teaching students about social skills, violence prevention, conflict resolution, anger management and problem-solving.
- developing policies which promote student safety.
- teaching for and about diversity.
- providing professional learning for staff in collaboration.

**Intervention strategies** include:

- counselling students who have been bullied.
- talking with parents and caregivers about the situation.
- putting consequences in place for those who bully others.
- teaching students to be better bystanders.
- ensuring students know to address bullying effectively and respectfully.

**Post-intervention strategies** include:

- monitoring the situation between students to ensure that their safety and well-being are maintained.
- talking with parents and caregivers about strategies.
- reviewing our yard duty procedures to make sure they are effective.
- dealing with hotspots in the yard.
- reviewing and evaluating behaviour codes in the yard.